

BRUNCH

SERVED
UNTIL 4.30

LIGHT AND FRESH

GF Smoothie Bowl 13.5

Fresh fruit, seeds, nuts and coconut w/ supercharged yoghurt (changes often, please ask)

Muesli 12 **DF+**

House made toasted muesli served with berry compote, honey, yoghurt & Havana Brothers organic almond milk

Add Coconut Yoghurt 2

Toasted Bagel 8

Served with Fix & Fogg peanut butter and Fidel's berry jam

Fidel's Feast 22 **DF+** **GF+**

Free range bacon, poached eggs, Island Bay sausage, garlic mushrooms, slow roasted tomato, hash brown, ciabatta & hollandaise

V Vegan Breakfast 22

Sofrito black beans, garlic mushrooms, crispy potatoes, slow roasted tomatoes, avocado and sauteed spinach with garlic and onions. Served with tomato relish and ciabatta

Fidel's Waffles

Two crisp waffles served with maple syrup and your choice of:

Fried chicken and toasted almonds 18

Berry Compote & mascarpone 17

Banana & free-range bacon 18

Baked Spanish Eggs 18 **GF+**

Two free range eggs with crispy potatoes, bacon, sofrito beans & smoked brinza cheese cooked under the grill (sorry no substitutes) Served with chilli oil and toasted ciabatta

Cuban Burrito 18

Oven Baked Tortilla with black beans, scrambled eggs, chorizo & cheese, topped with sour cream and salsa

GF Salmon Hash 20 **DF+**

Salmon and asparagus on hash with a soft poached egg and lemon & chive creme fraiche

**COUNTER FOOD IS
AVAILABLE FROM
YOUR TABLE,
PLEASE ASK**

CLASSICS

Eggs on Toast 9 **GF+** **DF+**

Any style on ciabatta or wholegrain. Add sides to create a custom breakfast

Eggs Benedict 17 with Homemade Hash 20

Choose **either** Bacon **or** Salmon **or** Spinach served with an english muffin, poached eggs & hollandaise

Halloumi on Toast 18 **GF+**

Pan-fried Halloumi cheese served on 8 grain toast with avocado, tomato, fresh basil and house made chilli jam

Salmon Bagel 13.5 **GF+**

Toasted bagel with cream cheese, popped capers, cured salmon, watercress and pickled onion

Bacon Butty 12

Free range bacon w/ house made BBQ sauce, cheddar cheese and a fried egg

GF Gluten Free **GF+** G Free avail

V Vegan **V+** Vegan avail

DF Dairy Free **DF+** D Free avail

SIDES

Bacon x 2	Tomato
Sausage	Mushrooms
Hash brown	Beans
Eggs x 2	Spinach
Salmon	4 each
Avocado	Swap for gluten free bread add 1
5 each	

LIQUID BRUNCH

Mimosa 12

Bubbles with Havana Brothers freshly squeezed organic orange juice

Bloody Mary 13 **V+**

Smoky bbq, hot sauce & horseradish tomato juice with vodka, celery and a bacon rasher

**YOU CAN PAY AT YOUR TABLE
WITH CASH OR EFTPOS,
JUST GIVE US A WAVE**

10% surcharge applies on public holidays
2% service fee on credit card transactions

We use only free-range
chicken, pork & eggs

You can order most of our menu
to takeaway in eco friendly
plant based packaging

LUNCH AVAILABLE 12 - LATE

SNACKS AND STARTERS

Chilli Onion Rings 9

w/ chipotle aioli

DF Salt & Pepper Squid 9

w/ lemon & aioli

DF Shoestring Fries 8

w/ aioli & tomato sauce

Mozzarella Stuffed

Jalapeños 10

w/ ranch dipping sauce

Wedges 8

w/ sour cream & sweet chilli

Fried Chicken 10

w/ ranch dipping sauce

Garlic Pizza Bread 8

topped with parmesan and herbs

Soup of the day 10

changes often, please ask

GF Creole Spiced Fish Tacos 13

Creole spiced grilled tarakihi, served on two corn tacos with avocado, iceberg lettuce, ranch dressing and hot sauce

The Cubano 18

The ultimate toasted sandwich, buttered and grilled, served with fries. Free range ham, slow cooked pulled pork, swiss cheese, pickles and mustard

Beef & Bacon Burger 19

160gm beef patty, bacon, cheese, caramelised onion, gherkin & tomato with buttercrunch lettuce and dill mayo.

Served w/ shoestring fries and aioli

Nachos **GF+** **V+**

Beef & Bean 17 / Vegetarian 16 / Vegan 17

A Fidel's Classic served with salsa, guacamole, cheese & sour cream. Extra chilli available on request

Pulled Pork Quesadilla 18

Pulled pork, sofrito beans and cheese quesadilla served with coleslaw, tomatoes, sour cream & guacamole

Vege Quesadilla 18 **V+**

Cumin roasted pumpkin, artichoke, spinach & cheese quesadilla served with coleslaw, tomatoes, sour cream & guacamole

SALAD & SOUP

Halloumi and Chicken Salad 20 **GF+**

Pan fried halloumi and free-range chicken with mesclun, avocado, tomato and red onion. Served with a lemon thyme dressing and garlic bread

GF **V** Miso Noodle Broth 18

Rice noodles with tofu, broccoli, bok choy, mushroom, mung beans and fried shallots

V Vegan Bowl 19

A mix of chargrilled seasonal vegetables and salad with hummus, avocado, toasted buckwheat and freekah crackers

GF Gluten Free **V** Vegan **DF** Dairy Free

GF+ GF avail **V+** V avail **DF+** DF avail

ASK ABOUT OUR BLACKBOARD SPECIALS

GF+ **V+** **DF+**



Fidel's uses free-range chicken, pork and eggs in all our cooking & baking
10% surcharge applies on public holidays 2% service fee on credit card transactions

PIZZAS MIDDAY UNTIL LATE

3-7PM

\$25 PIZZA BEER DEAL

2 ASAHI & A LARGE PIZZA

Vegan cheese available on request
add \$2 for a small pizza and \$3 for a large

WE DO TAKE OUT & DELIVERY
fidelscafe.com

SMALL (TEN INCH) 15 // LARGE (TWELVE INCH) 20

Garlic Pizza Bread with parmesan and herbs 8

Margherita Mozzarella, cherry tomatoes, fresh basil & parmesan 13 / 17 **V+**

Vianda Salami, bacon, ham, olives, caramelized onions and anchovies, mozzarella

Spicy Shrimp Shrimp, sriracha sauce, pickled onions, gallina sauce, mozzarella

Mexican Roasted capsicum, nacho beef mince, jalapeno peppers, mozzarella, served with corn chips and sour cream **V+**

Farmhouse Chicken, bacon, spinach, red onion, with garlic sauce

Eat your Greens Kale, silverbeet, swiss chard, mushroom and capsicum, on a vegan cheese sauce base **V**

Queso Azul Mozzarella, spinach, mushroom, caramelized onion, blue cheese, walnuts & housemade chutney **V+**

Apricot Chicken Chicken, apricot sauce, cream cheese topped with mozzarella (no tomato base)

(All pizzas have a tomato base unless specified, topped with cheese)

PLEASE ASK ABOUT OUR PIZZA OF THE WEEK

Add extras - Small Pizza \$3 each // Large Pizza \$4 each (3 extras max)

Olives, Pickles, Chutney, Caramelised Onions, Parmesan Cheese, Spinach, Mushrooms, Tomatoes, Capsicum, Jalapenos, Ham, Chicken, Salami

LATE PLATES 5PM TILL LATE

GF Baked Salmon 26

Baked King Salmon on a parsnip and carrot fritter with puy lentil salsa and micro salad

GF Steak and Chips 26

200gm sirloin steak served with hand cut chips, mushroom sauce and a side salad

GF Mojo Chicken 24

Grilled chicken thigh marinated Cuban style with garlic & orange, served with handcut fries & coriander coleslaw

GF Vietnamese Pork Belly 24

Free range Pork Belly on coconut rice served with kimchi peanut slaw and a Hoisin Plum sauce

Blackboard Specials Changes often, please ask



SIDES

- V** Shoestring fries 5
- V** Garden salad 8
- V** Kimchi Slaw 6
- GF** Lentil Salsa 8
- V** Roast Vegetables 8



Asahi 7
White & Red Wine 7.5
1 litre of Local Craft Beer 18

PAY AT YOUR TABLE WITH CASH OR EFTPOS, JUST GIVE US A WAVE

- GF** Gluten Free
- V** Vegan
- DF** Dairy Free
- GF+** GF avail
- V+** V avail
- DF+** DF avail