

# BRUNCH

SERVED  
UNTIL 4.30

## LIGHT AND FRESH

### GF Smoothie Bowl 12

Fresh fruit, seeds, nuts and coconut with supercharged yoghurt (changes often, please ask)

### Muesli 10 DF+

House made toasted muesli served w/ berry compote, honey, yoghurt and milk

Add Coconut Yoghurt \$2

### Toasted Bagel 7

Served with cream cheese and Fidel's berry jam

### V Almond Porridge 12

Almond milk oats w/ rhubarb, and blueberry compote, toasted almonds & maple syrup

Swap for gluten free bread 1

## SIDES

Bacon	Tomato
Sausage	Mushrooms
Hash brown	Beans
Eggs x 2	Avocado
Salmon	all 5

### Fidel's Feast 22 DF+ GF+

Free range bacon, poached eggs, Island Bay sausage, garlic mushrooms, slow roasted tomato, hash brown, ciabatta & hollandaise

### V Vegan Breakfast 20

Sofrito black beans, garlic mushrooms, crispy potatoes, slow roasted tomatoes, avocado and sauteed spinach with garlic and onions. Served with tomato relish and ciabatta

### Fidel's Waffles

Two crisp waffles served with maple syrup and your choice of:

- Fried chicken and toasted almonds 18
- Berry Compote & mascarpone 17
- Banana & free-range bacon 18

### Baked Spanish Eggs 17 GF+

Two free range eggs with crispy potatoes, free range bacon, sofrito beans & smoked brinza cheese cooked under the grill (sorry no substitutes). Served with chilli oil and toasted ciabatta

### Cuban Burrito 17

Oven Baked Tortilla with black beans, scrambled eggs, chorizo & cheese, topped with sour cream and salsa

### Mushrooms on Toast 17 GF+

Sautéed mushrooms in a creamy garlic sauce. Served on 8 grain toast

### GF Bubble and Squeak 17

Refried mashed potato with onions, & buttery cabbage. Served w/ free range bacon, a fried egg and gravy

GF	Gluten free	V	Vegan	DF	Dairy Free
GF+	GF avail	V+	V avail	DF+	DF Avail

PAY AT YOUR  
TABLE WITH CASH  
OR EFTPOS, JUST  
GIVE US A WAVE

## CLASSICS

### Eggs on Toast 9 GF+ DF+

Any style on ciabatta or wholegrain. Add sides to create a custom breakfast

### Eggs Benedict 17 with Homemade Hash 20

Choose Bacon, Salmon or Spinach served w/ an english muffin, poached eggs & hollandaise

### Halloumi on Toast 16 GF+

Pan-fried Halloumi cheese served on 8 Grain toast with avocado, tomato, fresh basil and house made chilli jam

### Salmon Bagel 12 GF+

Toasted bagel with cream cheese, popped capers, cured salmon, watercress, and pickled onion

### Bacon Butty 12

Free range bacon w/ house made BBQ sauce, cheddar cheese and a fried egg

LIQUID  
BRUNCH

### Mimosa 12

Bubbles with Havana Brothers freshly squeezed orange juice

### Beer of the Week

Ask staff for details

### Bloody Mary 12

Spicy tomato juice & vodka with celery & bacon

# LUNCH AVAILABLE 12 - LATE

## SNACKS AND STARTERS

### Chilli Onion Rings 9

w/ chipotle aioli

### Mozzarella Stuffed Jalapeños 10

w/ ranch dipping sauce

### Garlic Pizza Bread 8

topped with parmesan and herbs

### DF Salt & Pepper Squid 9

w/ lemon & aioli

### Wedges 8 DF+

w/ sour cream & sweet chilli

### GF Hot Wings 12 DF+

w/ ranch dressing

### DF Shoestring Fries 8

w/ aioli & tomato sauce

### Fried Chicken 10

w/ ranch dipping sauce

### GF DF Sticky Pork Ribs 12

w/ BBQ sauce

### Beer Battered Fish Tacos 13

Creole spiced battered fish, served on two corn tacos with avocado, iceberg lettuce, pickle mayo and hot sauce

### The Cubano 18

The ultimate toasted sandwich, buttered and grilled, served with fries. Free range ham, slow cooked pulled pork, swiss cheese, pickles and mustard mayo

### Chicken & Bacon Burger 18

Buttermilk fried chicken with bacon, iceberg lettuce, tomato, cheese and Korean BBQ sauce. Served w/ shoestring fries and aioli

### Nachos GF+ V+

### Beef & Bean 17 / Vegetarian 16 / Vegan 17

A Fidel's Classic served with salsa, guacamole, cheese & sour cream.

Extra chilli or vegan cheese available on request

### Soup of the Day 10

Ask for the daily special. Served with bread

## SALADS

### Halloumi and Chicken Salad 20 GF+

Pan fried halloumi and free-range chicken with mesclun, avocado, tomato and red onion. Served with a lemon thyme dressing and garlic bread

### GF V BBQ Tofu 18

Watercress, carrot, cucumber, mung beans and finely sliced radish topped off with fried shallots, toasted peanuts and fresh herbs

### V Vegan Bowl 19

A mix of chargrilled seasonal vegetables and salad with hummus, avocado, toasted buckwheat and freekah crackers

GF Gluten free V Vegan DF Dairy Free

GF+ GF avail V+ V avail DF+ DF Avail



Fidel's uses free-range chicken, pork and eggs in all our cooking & baking

10% surcharge applies on public holidays 2% service fee on all credit card transactions

# PIZZAS MIDDAY UNTIL LATE

**SMALL (TEN INCH) 15 LARGE (TWELVE INCH) 20**

**4-7PM**  
**2 ASAHI**  
**& A LARGE**  
**PIZZA**  
**\$25**

Vegan cheese  
 available on request  
 add \$2 for a small pizza  
 and \$3 for a large

**Garlic Pizza Bread** with parmesan and herbs 8

**Margherita** Mozzarella, cherry tomatoes, fresh basil & parmesan 13 / 17 V\*

**Mix Grill** Bacon, ham, chorizo with caramelized onion, topped with BBQ sauce

**Seafood** Smoked salmon & chilli prawns, with red onion, fresh rocket & lemon

**Gallina** Free range chicken, red onion, mushroom, garlic & lemon sauce

**Pulled Pork** Caramelized onions, charred capsicums and pulled pork shoulder

**Vegetarian** Spinach, artichoke, mushrooms, sun dried tomatoes, olives & feta V\*

**Queso Azul** Tomatoes, mozzarella, spinach, mushroom, caramelized onion, blue cheese, walnuts & Havana Brothers Bakehouse chutney V\*

**Apricot Chicken** Chicken, apricot sauce, cream cheese topped with mozzarella  
 (no tomato base)

(All pizzas have a tomato base, topped with cheese)

# LATE PLATES 5PM TILL LATE

GF DF **Korean BBQ Chicken 23**

Crispy 'twice fried' chicken thigh smothered in spicy Korean BBQ sauce served with brown rice, kimchi slaw & toasted peanuts

GF **Steak and Chips 26**

200gm sirloin w/ a classic plate of hand cut chips & aioli.

Served with a garden salad, button mushrooms and Café de Paris butter

GF **Pulled Pork 24**

Slow cooked pork shoulder, served with brown rice & beans, fresh slaw and fried tortilla strips

**Mushroom and Kale Gnocchi 20**

Gnocchi with creamy garlic mushrooms, roasted walnuts, truffle oil and kale chips

GF **Winter Beef Stew 22**

Classic, hearty comfort food. Tender beef and carrot stew served with mashed potatoes and peas

## SIDES

V Shoestring fries 5

GF Kimchi slaw 8

V Green garden salad 6

V Steamed seasonal vegetables 8

## BLACKBOARD SPECIALS

**Fish 20**

**Pasta 20**

**Soup 10**

GF Gluten free

V Vegan

DF Dairy Free

GF\* GF avail

V\* V avail

DF\* DF Avail